



Middle / Primary School Programme Example

	Group 1	Group 2	Group 3	Group 4	Evening Activity	DI	Notes
Sunday	Arrival 3.30pm. Welcome to centre and tour.				Kit Issue Local Walk		
Monday	River study Gorge Scramble Gelerts Grave		Conwy Castle Abseil		Ropes course Nightline Problem solving		
Tuesday	Raft Building & Quarry Walk		Mountain Day		Ropes course Nightline Problem solving		
Wednesday	Conwy Castle Abseil		River study Gorge scramble Gelerts Grave		Ropes course Nightline Problem solving		
Thursday	Mountain Day		Raft Building & Quarry Walk		Egg drop		.
Friday	Llandwyn Island Day & Newborough Forest Adventure Day				Kit return Packing Course review		.
Saturday	Clean centre Depart 9.30am						