



## Youth Adventure Days Activity Booking Form

<b>Surname</b>	<b>Initials</b>	<b>First Name</b>	<b>Title</b>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

<b>Home &amp; Invoice address</b>
          <b>Postcode:</b>

<b>Telephone (Day)</b>	<b>Telephone (Mobile)</b>	<b>Email</b>
<input type="text"/>	<input type="text"/>	<input type="text"/>

**Activities Required:**

**Full Day Activities:** *see page 2 for standard times*  
Mountain walk, Rock climbing & abseiling, Canoeing, Kayaking (lake or sea), Sea level traversing, Coastering, Gorge walking, Mine exploration, Team building.

Mountain biking and white water rafting can also be arranged but please note there is an extra charge for equipment hire and venue hire charged by the operator.

**Half Day Activities:** *see page 2 for standard times*  
Raft building, Abseil, Orienteering, Ropes course, Problem solving.

**Other activities which can be run as half day if a full day is not required:**  
Rock climbing, Lake canoeing and kayaking

**Evening Activities:** Low ropes, Orienteering, Problem solving, Climbing wall.

Please contact the centre for details concerning any of these activities.

<b>Date(s) of activities</b>	<b>Activities required</b>

**Booking Declaration:**

Signed	<input type="text"/>	Date	<input type="text"/>
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**Cheque Enclosed or Please Invoice ( Both For Full Amount )  
Please Circle**

**Please can you also provide us with the following information (if possible):**

<b>Group age range</b>		<b>Group numbers</b>		<b>Do you have your own minibus / transport?</b>	<b>YES/NO</b>
<b>Specific group information</b> <i>Please let us know about any special needs (physical, behavioural, educational) which would help us to plan a safe activity for your group.</i>				<b>Does your minibus have a tow bar? (if applicable)</b>	<b>YES/NO</b>
				<b>How many seats does your minibus have? (if applicable)</b>	
<b>Previous activity experience (if any)</b>				<b>Will you need to borrow any equipment?</b> <i>See matrix on page 5.</i>  <i>If YES please contact the centre and return the attached form (page 4) if necessary.</i>	<b>YES/NO</b>

<b>Where do you wish to meet?</b>	<b>Blue Peris</b>	<b>Other meeting place – please state</b>
Please note that meeting at Blue Peris is essential for activities requiring a wetsuit, namely sea kayaking and coasteering. If you choose to meet elsewhere and need to borrow equipment it is necessary to complete the form on page 4.		

**Charges:**

**Full Day activities (Except mountain walking)**

Instruction and equipment hire are charged at a rate of £220.00 per instructor per day. This is based on 10 – 12 students and 1 member of visiting staff.

**Half Day and Evening Activities**

Instruction with equipment is charged at a rate of £150.00 per instructor per half day and £80 per instructor per evening. This is based on 10-12 students and 1 member of visiting staff.

**Mountain Walks**

This will be charged at £150.00 per day. Safe operating groups are a max of 1:12 plus a visiting member of staff, depending on routes and terrain. This is based on guidance from the Adventure Activity Licensing Authority (AALA).



## **Other Information:**

### **Standard Times**

A standard day starts at 9.15am and finishes at 4.45pm. A half day is either 9.15am to 1.00pm or 1.00pm to 4.45pm. Should you wish to meet at a venue rather than the centre a later start or earlier finish may be required to enable an instructor to load equipment and travel. An evening is from 6.30pm to 8.30pm.

Earlier starts and later finishes are negotiable but would incur increased charges.

### **D of E Supervision / Training / Assessment / Gold Residential**

We deliver, train and assess many aspects of the D of E scheme from bronze to silver. We design our programmes and course to suite what is required. We can deliver land and water based courses and have a pool of approved D of E assessors.

In addition to this, we are an approved D of E centre through the Bedfordshire D of E.

Please visit the D of E section of the website for further information and costs.

## **Other Information:**

### **Groups where students are under 18 years of age**

For groups with students under 18 we require a member of staff over 18 to act *in loco parentis*. This person will be responsible for the pastoral care and behaviour of the group.

### **Transport**

Transport is *not* included for visiting staff and students. There will be an extra charge if transport is required to and from venues. Should we need to hire a vehicle to transport kayak or canoe trailers to a venue this would incur a small additional charge. Please contact the centre for further details including costings.

### **Mountain Bikes and White Water Rafting**

There will be an extra charge for equipment hire and venue hire as charged by the operator. Please contact the centre for up to date charges.

### **Payment**

An invoice will be raised via Bedford Borough Council to the above address and must be paid within 30 days to confirm each group booking. Bookings for a date less than 30 days away should be accompanied by a cheque for the full amount and sent to Blue Peris Mountain Centre. All cheques should be made payable to **Bedford Borough Council**.

### **Consent and Medical Forms**

You will need to hold emergency contact and medical details for each person, to be passed on to the instructor. Consent forms are available on the web site to be downloaded.

### **Food and Drink**

These are not provided. You will have to ensure that all group members have an adequate packed lunch and drink in a bottle for the activity. Please bear in mind that many activities are strenuous and thus place significant nutritional demands upon the participants.

### **First Aid**

All instructors are qualified in first aid and will carry first aid kits appropriate for the activities. We recommend that in addition to this you have a comprehensive first aid kit to be left in your vehicle(s).





## Equipment Requirement Matrix

Whilst we will provide specialist equipment the following matrix outlines the equipment groups may prefer to provide for themselves, some of which can be borrowed from the centre if required. **Please note that the time required sorting out and issuing this equipment will impinge upon the time spent enjoying the activity sessions.** Unless wearing a wetsuit you should wear lightweight and flexible clothing such as quick dry trousers or jogging bottoms (**no jeans**), a t-shirt and warm top (fleece or wool is best). Trainers are the best footwear unless otherwise stated. And if you have your own wetsuit you can bring it along!

Activities in bold need equipment to be in a rucksack	Can be borrowed					Must be brought			
	Waterproof Jacket	Waterproof Trousers	Wellies	Walking Boots	Fleece	Old Trainers	Spare Jumper	Hat and Gloves	Towel and change of clothes
<b>Mountain Walk</b>	*	*		*	*		*	*	
<b>Rock Climbing</b>	*	*					*		
<b>Abseiling</b>	*	*		*			*		
Canoeing	*	*	*		*				*
Kayaking					*	*	*		*
<b>Sea Level Traversing</b>	*	*	Either*			Or *			*
Coasteering						*			*
Gorge Walking	*	*	*		*				*
Orienteering	*	*							
<b>Mine Exploration</b>	*	*	*		*				*
Problem Solving	*	*						*	
Raft Building	*	*	Either*		*	Or*			*
Ropes Course	*	*							
Mountain Biking									*
White water Rafting									*
Climbing Wall									

Please contact the centre for further details as these requirements do vary according to the time of year and weather conditions. Wellies are better than trainers in the winter for sea level traversing due to the cold, but in the warmer months trainers are fine.