



Students Personal kit List

General:

Washing kit and towel	Large plasters	Roll on deodorant (not aerosols, they set the fire alarm off)
Notebook, pen/pencil,	Torch with batteries	Plastic drinks bottle (1 litre is essential)
Indoor footwear (slippers or trainers)	Nightwear and underwear	Small/medium lunch box
2 large polythene bags (strong dustbin liners)	Change of clothing for evenings	

April to September- Sun block protection (at least factor 20-30) & Insect Repellent are vital

Outdoor activity clothing:

Students will need two complete changes of clothing for the activities in addition to the following items

2 thick fleece jumpers or sweaters	3 Tee-shirts (some long sleeved if possible)	1 pair of 'old' trainers
2 pairs loose or track suit trousers	1 pair gloves/mittens	Swimming costume
Sun hat/baseball cap	3 pairs of thick socks	1 pair of shorts
1 woollen or fleece hat	Large towel to allow privacy when changing out of doors	

N.B. Cotton stays cold when damp so on wet days and for water sports we recommend wearing fleece, nylon, wool, or 'thermal' underwear next to the skin. These non-absorbent materials retain some insulation even when wet, whereas a cotton Tee shirt or jeans can feel like you are wearing a cold, wet dishcloth!

Useful optional extras:

Do not buy these items specially; just bring them if you have them:

Wellington boots
Windproof, waterproof top
Windproof, waterproof trousers
Body warmer or padded jacket/ski jacket
Camera (not an expensive one)
Wet suit
Mountain boots with rubber, Vibram soles and sewn tongue
Medium-sized (20 litres +) day rucksack
Non perishable snacks

Blue Peris provide:

Waterproof jacket
Waterproof over trousers
Rucksack
Survival bag
Fleece jumper
Balaclava
Mountain boots
Wellies

What not to bring:

Aerosols – they set off the fire alarms
Electrical equipment (including hair straighteners and dryers) – there are no sockets in the dormitories and they are a fire hazard. *Hair dryers are supplied in the washrooms*
Items of value are discouraged (e.g. mobile phones, ipods, game consoles)
Trainer socks are not suitable for any activity

Money:

You don't need much but there is a small tuck-shop onsite which sells drinks, snacks and souvenirs (£2-£3 per day for snack and drinks will suffice. The tuck shop does sell souvenirs, the amount of money required will be left to you to decide.

Phones/iPods/iPads/Tablets etc.

The centre accepts no liability for any loss or damage to any item. They are not allowed on activities and schools often do not allow them. Note there is NO WF-FI on site