

# BLUEPERIS



## Duke of Edinburgh Gold Residential Snowdonia

**You look out across clear blue skies, the sea is lapping at your feet. Turning back from your moment of thought you see a rope. However, the rope is suspended across a zawn above the sea. Your instructor is smiling reassuringly at you ...**

**'Who's first ?' they ask.**

You take the plunge and nervously attach yourself to the rope then slide across. Suddenly you are there at the other side, feeling amazing. Everyone is cheering and clapping.

North Wales is a stunning place with lakes, mountains, rivers, mines, cliffs, beaches and the sea to play amongst. With all these locations on the doorstep of Blue Peris, there is no better place to spend your Gold Residential.

If you set yourself the challenge of completing a D of E Gold residential at Blue Peris you will have the opportunity to take part in an exciting range of activities such as gorge walking, mining, canoeing, sea level traversing, coasteering and rock climbing.

No prior experience is required. The price shown includes all accommodation, meals, activities and equipment. If you have lots of energy, enthusiasm and relish new challenges then this is the week for you.

During the week you will be stretched in lots of different ways and leave with life long memories and a huge smile on your face!

So come on your residential at Blue Peris, try new challenges and make new friends with other D of E candidates from around the country. We look forward to seeing you.



You will experience a range of exciting and challenging outdoor activities

An important part of the course is that it provides the opportunity to meet new people in an unfamiliar environment

You will be living and working with others, building new relationships and working as part of a team



## New Experiences and New Friends Adventure

An important part of the course is that it provides the opportunity to meet new people in an unfamiliar environment. During your stay you will meet other Gold Duke of Edinburgh's Award candidates. You will be living and working with others, building new relationships and working as part of a team.

We hope that there will be opportunities to take activities beyond the beginner level. The activity program usually works out fine with everyone getting a selection of activities they are happy with and find enjoyable.

**The plan will be flexible during the week to allow us to make the most of the weather, and ensure that you have as much fun as possible. You will experience a range of exciting and challenging outdoor activities.**

All the activities are intended to be challenging, but within a group it is usually possible to vary the challenge slightly depending on individual inclination and ability.

We do not intend to push anyone beyond his or her limits! We usually have individuals attending these courses with quite a lot of previous experience and some who are 'keen beginners'.

The duration of the course is five full days with arrival and departure either side of the course. This fulfills the requirements of the residential section of the Gold Duke of Edinburgh's Award .

Part of the requirement for a residential project is to "meet new people" and "build new relationships". As a rule there can only be a maximum of 3 students from one D of E unit. However, this may vary regionally.

# Booking, Travel and Insurance

## Course Details

### Booking

A booking form is enclosed. Returning a completed booking form along with a deposit to the centre secures a place on the course.

If you wish to make a booking please note courses can fill any time from about six months to three days before they start. It may be worth emailing or phoning beforehand to avoid disappointment.

This form will need to be completed and signed by your parent or guardian if you are under eighteen. Please also send a completed personal details form in with your booking form and deposit.

### Travel

Students need to find their own way to Bangor train or bus station or to the centre. Parents are advised that if their children are traveling by rail, we cannot provide supervision of young people for the periods that they may be waiting to be collected from the railway or waiting for their return bus. For those traveling by car we are at Grid Ref. SH 588 608, or see our website at [www.blueperis.co.uk](http://www.blueperis.co.uk)

### Course Timings

The course starts at 16.00 on the Sunday and ends the next Saturday at 09.00 We can pick students up from the train or bus station in Bangor (Gwynedd) between approximately

15.00 to 16.00 on Sunday. Arrivals at other times will need to get a taxi (cost £25 to £30 one way). We will send out a questionnaire about method of arrival at a later date.

At the end of course we will run students to the bus or train station in Bangor from 08.45 to 09.30 Saturday morning. If you need to leave on the Friday evening, then you will need to request a taxi to Bangor station (cost £25 to £30 one way)

For those traveling by car we are at Grid Ref. SH 588 608. A sketch map and route description can be found on our website.

### Insurance

Insurance for personal effects, cancellation etc is not included.

### Outline of Day

The day begins with breakfast at 08.00. At 09.30 you will meet your activity instructors and head out for the day. We return from a full day of activity, usually in time for tea and cakes at 17.00. Dinner is at 17.30 followed by evening activities at 19.00. These will be a variety of group activities which may include low and high ropes, nightline, problem solving, going to the beach or cinema and watching adventure videos. Extra money is needed for the cinema for 1 night. The activities end at 21.00 giving students free time until 23.00.

The activity program usually works out fine with everyone getting a selection of activities they are happy with and find enjoyable



## Safety

As an outdoor education centre we take safety very seriously. We hold a licence issued by the Adventure Activities Licensing Service (AALS). AALS look at all aspects of activity safety including staff qualifications, training, supervision, risk assessments and emergency procedures. Our licence number is L6303/R0060 and you can contact the AALS on 020 2075 5715.

We structure the program to take into consideration the weather and students ability. We are happy to discuss with students, parents or guardians any safety concerns they may have.

All our staff hold a variety of National Governing Body awards relevant to the activities we deliver. In addition to this, they are very active and experienced in their field whether it's kayaking, mining, climbing or mountaineering. The head of centre is a member of various national committees that advise on safety within the outdoors.

## Quality

The centre prides itself on being members of the two main bodies for teaching excellence in the UK: [Association of Heads of Outdoor Education Centres](#). Membership of AHOEC is widely regarded as a hallmark of ethical, quality management and consequently a high quality of education provision. See <http://www.ahoec.org>

### [Learning Outside The Classroom \( LOtC \)](#)

The Quality Badge is awarded to providers who have pledged to engage in an ongoing process to sustain high quality learning outside the classroom and who have demonstrated that they meet six quality indicators. See <http://www.lotc.org.uk>

### [Blue Peris is an approved D of E provider.](#)

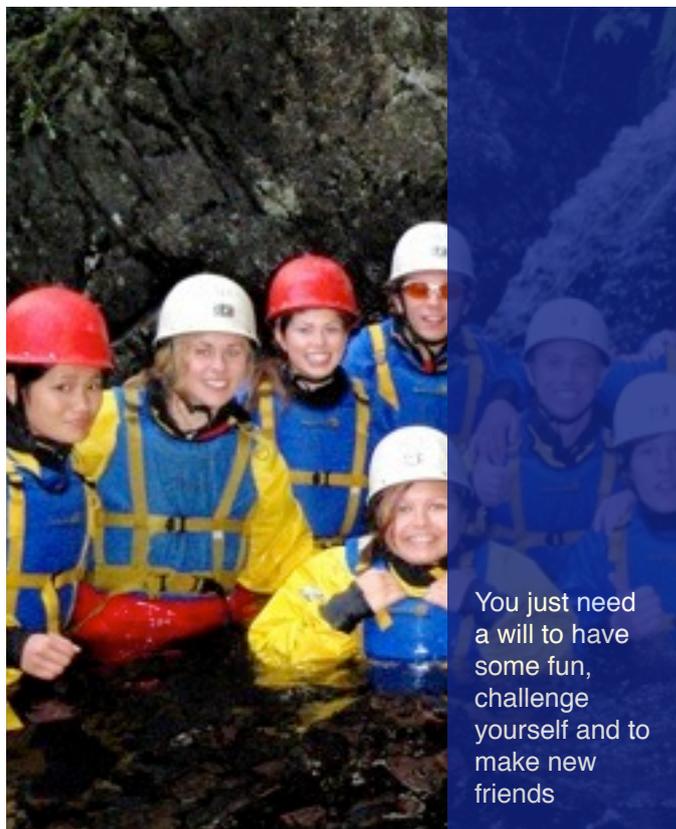
We work under the remit of Fusion Lifestyle, the charity that oversee the operation of the centre.

### [Bedfordshire Outdoor Adventure.](#)

The expertise of Blue Peris Mountain Centre and Kempston Outdoor Centre are combined to deliver high quality outdoor education, recreation and adventure. Both centres promote opportunities to enable people, whatever their age, ability or circumstances to achieve in life.

## Supervision

During the course there is 24-hour supervision of students by a Blue Peris member of staff. They stay on site so students have direct contact with them at all times if needed. All staff have been CRB cleared.



You just need a will to have some fun, challenge yourself and to make new friends

## The Instructors

All our staff have an infectious enthusiasm for the activities. Most importantly they have lots of experience helping people choose the level of **adventure right for them.**

## The Venue

Blue Peris has a long establish history of providing D of E courses. We are right in the middle of the Snowdonia Park, surrounded by lakes, mountains, rivers and the sea. From the front of the building Snowdon rises majestically out of the valley below. Driving out of the centre you are rewarded with fantastic views over Anglesey.

## Respect

Students are expected to show normal standards of mature behaviour at Blue Peris. There have been very few occasions when anti-social or disruptive behaviour has occurred. In these situations, and particularly if safety is compromised, students are asked to leave and they or their parent or guardian are asked to make their own arrangements to get home. No smoking or alcohol is allowed on Blue Peris property. Blue Peris has a strict no drugs policy.

## Is it for me?

You do not need any previous experience of the activities. You just need a will to have some fun, challenge yourself and to make new friends. A basic level of fitness is certainly an advantage. However the students on our courses usually have a range of abilities.



Our instructors have lots of practice at building people's confidence

## Building confidence

We feel it is very important to encourage you at your own pace. Our instructors have lots of practice at building people's confidence. They will help encourage you to have a go at things that may seem a bit scary, but will never push you to do something that you really do not want to do.

## What if it is raining?

Don't worry about bad weather, because we don't! The weather need not stop the action, it can often make an activity even more exhilarating.

## The Accommodation

You will be based in either Blue or White Peris. Both of these are on the main centre site. There are bunk beds with soft duvets and hot showers. Breakfast and dinner will be in the main dining room, with a large lounge to use in your free time. The lounge has access to a DVD player, music system, games and table football

## Food

Good quality meals are provided alongside a choice of cereals, cooked breakfast, brown or white bread, sandwich fillings, three main meals and sweets each evening. There is a small shop on site that sells snacks and drinks and students can often go to the local Spar shop.

## Photos

Blue Peris has a computer suite and we can provide groups with waterproof digital cameras for the

duration of your course. You can now capture all your activities on camera and we can produce a pictorial record of your visit on a CD to take away with you (for a small charge )

## Equipment

Blue Peris can provide all the specialist kit, if you do have any of your own then you are welcome to bring it. To make your course comfortable we recommend you bring items that are highlighted in the kit list.

## Drying Room

You will have access to a drying room. Clothes should dry overnight if wrung out and hung carefully. If you bring the clothing on the kit list then you should have enough to see you through a particularly wet period.

## Dates and Prices

Range from  
£250 to £295 per course.  
Dates on website  
[www.blueperis.co.uk](http://www.blueperis.co.uk)

## Contact Details

Blue Peris Mountain Centre  
Dinorwig  
Caernarfon  
Gwynedd  
LL55 3ET  
phone / fax - 01286 870853  
e-mail - [bpmc-sales@fusion-lifestyle.com](mailto:bpmc-sales@fusion-lifestyle.com)  
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